

# Hector HERODY

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## Le cauchemar blanc

Hector Herody's project is inspired by a recurring dream, or rather a nightmare, that occurs during periods of intense stress and anxiety. Nightmares are often associated with a dark aesthetic, making you relive painful moments, whether real or imagined. The "white nightmare" transports you to an infinitely white space where your senses are distorted, while an invisible fear pursues you. To protect yourself, Herody designs a rigid armor that helps you escape this terrifying

threat. The outfit also captures the sensations experienced during sleep and upon waking. In the morning, the clothes you wore are soaked and wrinkled, symbolizing the effort exerted during the nightmare. Once awake, all that remains is to remove the armor and wipe away the pool of sweat left on the floor.

### Matériel

Plastic tarp



